

Gear list for your Adventure

To bring For Camping

- Sleeping bag (supplied on request, \$40 hire fee)
- Pants
- Warm top layer i.e. Fleece jersey
- Warm under layer i.e. Thermal
- T-shirt
- Underwear (enough to last the trip)
- Warm hat
- Raincoat
- Small torch
- Shoes and socks
- Towel
- Insect repellent
- Toiletries

For the River

- Swimwear (two piece for ladies, as one piece is hard to go to the toilet in) or underwear for under the wetsuit
- Thermal top (if you have one)
- Old running shoes (separate pair from your camp shoes)
- Sunscreen, sun hat, sun glasses
- Personal medication i.e. asthma inhaler, epi pens

Don't forget to pack your sense of adventure!

Inland Adventures will supply

- Helmet
- Life jacket
- Wetsuit
- Splash jacket
- Thermal top
- Wetsuit socks
- Tent
- Sleeping mat
- Small dry bag for sunscreen etc
- Big dry bag for camping gear etc

We carry everything with us on the rafts so make sure you have enough clothing to keep warm but please don't pack the kitchen sink!

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OWNER & RIVER GUIDE

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RIVER & LAND
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